

# Everything is connected: the 'Iyengar Yoga Ecosystem'

## National Yoga Association — Iyengar Yoga IY (UK)

In connection with RIMYI, IY (UK) organises training, mentoring, assessment, certification, quality standards and professional development. It relies heavily on volunteers to arrange annual national conventions and produce magazines. It also helps fund classes for those experiencing barriers to yoga.

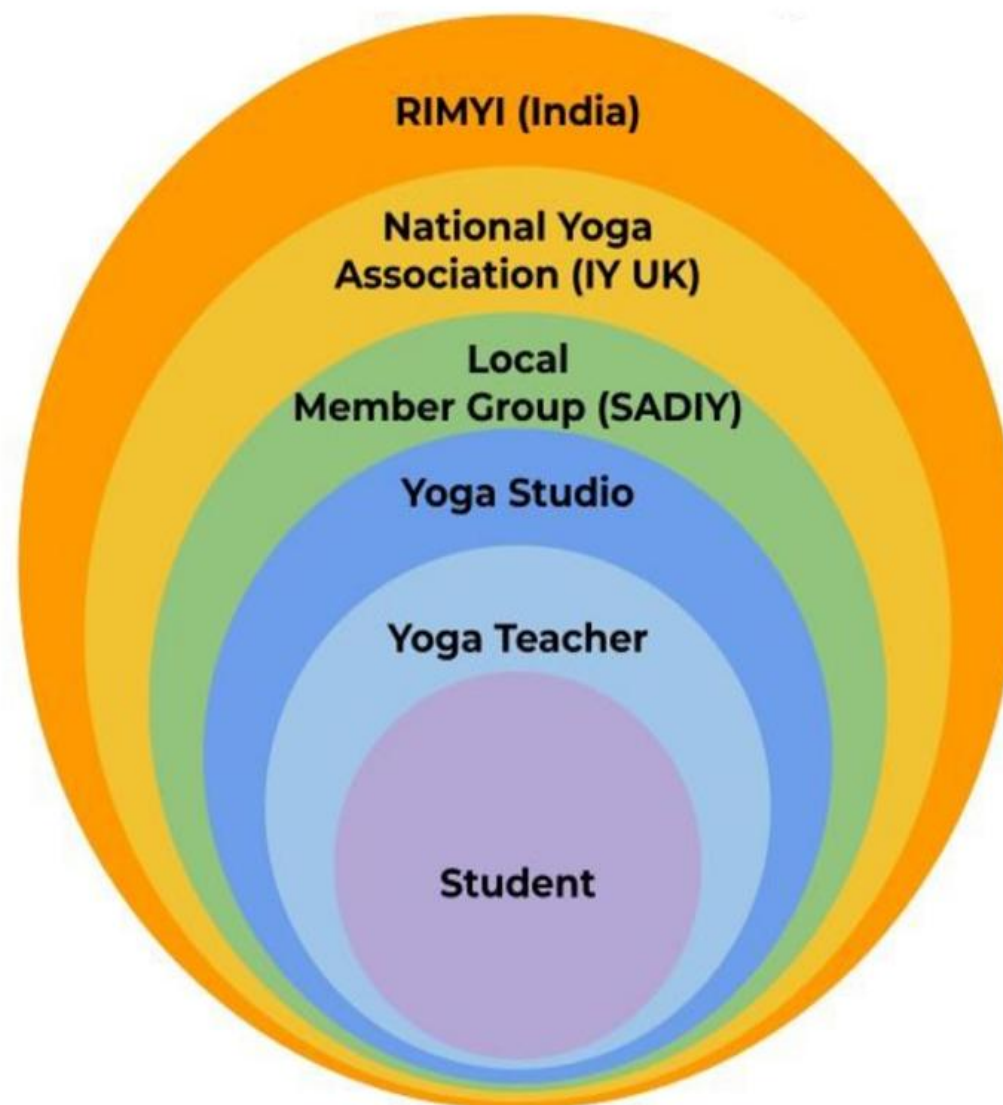
## Yoga Teachers and Students

Teachers guide their students in yoga, but every teacher is also a student.

All teachers belong to local and national IY associations. They pursue further professional training and certification to better support others in the journey of lifelong yoga. Some more senior teachers also mentor trainee teachers and those working towards higher certification.

## Ramāmaṇi Iyengar Memorial Yoga Institute (RIMYI)

RIMYI was established in Pune, India, in 1975 by B.K.S. Iyengar (1918- 2014) as the home and international headquarters of Iyengar yoga. It provides inspiration, direction and connection with yoga's Indian roots, and develops syllabi to guide practice methods worldwide.



## Member Groups — Sheffield and District Iyengar Yoga (SADIY)

A team of teachers and students facilitates the study and practice of Iyengar Yoga in local areas. In connection with IY (UK) SADIY supports teachers and arranges Exchange of Learning days, first aid courses, equipment loan, local journal information and workshops.



**Join SADIY today**

## Yoga Studio / Centre

A team of teachers delivers classes, arranges events and supports teacher development. They offer a physical and virtual home for yoga teaching, practice, friendship, connection and community.

**Practising Iyengar yoga connects you to something bigger!**